

# 2017 Australian & Oceania Masters Weightlifting Championships, Pacific Rim Masters Tournament and Masters World Cup.

27-30 October 2017

## Guidance Notices

These Championships will be held under the IWF 2017 Technical and Competition Rules and Regulation and the IWF World Masters Handbook 2016 Edition.

Can all Coaches and Athletes make themselves familiar with the IWF TCRR 2017 and IWF Masters Handbook 2016 and particularly reference to the following:

### **EXCEPTIONS and frequently asked questions**

- To achieve first place the lifter must win by 1 kilogram or whoever achieves the total first. Neither Date of Birth of the athlete nor bodyweight will be considered in determining first, second and third places in each age-group/weight category. Please refer to below.
- Allocation of medals are explained in the IWF Handbook, however familiarise yourself with 'Classification of athletes' section with regards to first place (IWF TCCRR 2017 6.6.6 - 6.8.2). For each of the four competitions medals will be awarded to the first three places in each age and weight category.
- Age group/category and individual/team points scoring are found in these sections.
- A single National teams competition will be held, spanning the three international competitions. This competition is open to teams submitted by their relevant National organisation. As per the IWF Masters handbook, the men's teams consist of a maximum of eight members and a maximum of seven members for the women's teams, with a maximum of three reserves in each case.
- Scoring for the teams competition will be as per the IWF TCRR 2017 6.8, with the following proviso: If a team member is the only lifter in an age and weight group, the maximum points that can be earned is 23 (equivalent to 3rd. place). If there are two people in the age and weight group and both were selected in teams, the winner would earn 25 points and second would earn 23 points (equivalent to 2nd and 3rd. places)
- IWF Masters allows the athlete to move up or down ONE weight class only. As per IWF TCCRR 2017 6.2, the final opportunity for athletes to change bodyweight categories is at the Verification of Final Entries Meeting, currently scheduled for Thursday 26th. October at 16.00 hours at the Mantra

on View Hotel. Prior to this, weight changes may be made by emailing Mr Rohan Mason at rohan.mason7@bigpond.com

- **Failing to make body weight declared per the VoFE Meeting (above) will result in disqualification from competition. You may be able to lift as a guest lifter.**
- T.U.E must be completed and sanctioned by your own Governing Body/ Country Anti-Doping Officer. You must bring a copy of all relevant documents related to your T.U.E for Anti-doping, if selected.
- New/recent injuries or surgeries which may result in you unable to achieve the 20/20 kilo Rule will need clearance at the Verification meeting, please bring relevant documents as proof of treatment and so forth before commencement of competition.

#### **DECENCY OF COSTUME**

Regulations regarding athletes outfits will be as per the IWF TCRR 2017. Please be aware if the lifting attire has slogans or abbreviations that may have other connotations, such as swearing, religious/political propaganda you WILL be asked by the Technical Controller or Jury to remove/change the garment, immediately!